

# **POPULATION HEALTH AND OCCUPATIONAL HEALTH TRAINING COURSES FY 2010**



**A CATALOG OF COURSES OFFERED WORLDWIDE BY:**

***NMCPHC, PORTSMOUTH, VA  
NEPMU 2, NORFOLK, VA  
NEPMU 5, SAN DIEGO, CA  
NEPMU 6, PEARL HARBOR, HI  
NECE, JACKSONVILLE, FL***

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## PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010

### GENERAL INFORMATION

1. **Quotas:** Quotas may be requested from the respective activity by letter, message, fax, e-mail, or via schoolhouse web page. Quotas are not granted via phone (except for extenuating circumstances) due to the high number of No-Shows they generate. To request a quota, forward the following information: course title and date, branch of service, rate/rank, full name, unit/command/ company, mailing address, telephone number, fax number, and e-mail address. Quota confirmation will be returned by same method used to request the quota. See special directions for each command in paragraph 4, below.
2. **To Cancel a Quota:** If students are unable to fill a requested quota, please notify the training activity as soon as possible. If quotas are filled, individuals may request to be placed on a standby list. Individual will be notified if/when a quota becomes available.
3. **Uniform:** Uniform of the day is required for all military personnel. Appropriate attire is required for all civilians. See special instructions in paragraph 4.d for NEPMU6 Pearl Harbor.
4. **Orders:** TAD orders are not required for personnel only attending training classes. The individual's parent command will retain service, health, dental, and pay records. When messing and/or berthing are required, it is recommended that parent commands issue orders as follows:

a. **NMCPHC:** Orders should direct students to report to the Commanding Officer, Navy and Marine Corps Public Health Center, at the address provided in paragraph 1. During normal working hours (0730-1600), individuals report directly to the Navy and Marine Corps Public Health Center. After hours individuals may leave a message on (757) 953-0700. Report prior to 0730 on the first day of the class. There is no military berthing available in Portsmouth.

Commanding Officer	Comm Phone: (757) 953-0975
Navy and Marine Corps Public Health Center	DSN Phone: 377-0975
620 John Paul Jones Circle, Suite 1100	Comm Fax: (757) 953-0689
Portsmouth, VA 23708-2103	DSN Fax: 377-0689
Msg PLAD: <a href="#">NAVMPUBHLTHCEN PORTSMOUTH VA</a>	
E-mail: <a href="mailto:training@NEHC.mar.med.navy.mil">training@NEHC.mar.med.navy.mil</a>	
Web site: <a href="http://www-nmcphc.med.navy.mil">http://www-nmcphc.med.navy.mil</a>	

b. **NEPMU-2:** Orders should direct individuals to report to Officer in Charge, Navy Environmental and Preventive Medicine Unit No. 2, Bldg X-336 Norfolk, VA 23511-3394. **Orders are required to attend training given by NEPMU 2.** Officer and Enlisted personnel requiring messing and berthing at the BOQ or the BEQ can request reservations toll free at 1-877-986-9258. Additional lodging is available at the Navy Lodge (1-800-628-9466), the Hampton INN (1-757-489-1000), and the Comfort INN-Navy Base (1-757-451-0000 or 1-800-Hampton). The Naval Station Norfolk PSD maintains a duty person onboard from 0600 to 1800 if assistance is required. The PSD can be contacted at DSN 564-5200 or commercial (757) 444-5200.

## PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010

### GENERAL INFORMATION

Officer in Charge	Comm Phone: (757) 953-7671 ext 3001
Navy Environmental & Preventive Medicine Unit 2	DSN Phone: 377-7671 ext 3001
1887 Powhatan St	Comm Fax: (757) 953-1191
Norfolk, VA 23511-3394	
Msg PLAD: NAVENPVNTMEDU TWO NORFOLK VA	
Email: <a href="mailto:NEPMU2Norfolk-EducationandTraining@med.navy.mil">NEPMU2Norfolk-EducationandTraining@med.navy.mil</a>	
Web site: <a href="http://www.med.navy.mil/sites/nmcp/Partnerships/nepmu2/Pages/default.aspx">http://www.med.navy.mil/sites/nmcp/Partnerships/nepmu2/Pages/default.aspx</a>	

c. **NEPMU 5 SAN DIEGO:** Report to Officer in Charge at the address below. During working hours, student will report to NEPMU5 in the uniform of the day. After working hours and on weekends, leave a message on the Unit's voice mail, above. Report the following working day prior to 0700 to Officer in Charge.

Officer in Charge	Comm Phone: (619) 556-7070
Navy Environmental & Preventive Medicine Unit 5	DSN Phone: 526-7070
3235 Albacore Alley	Comm Fax: (619) 556-7071
San Diego, CA 92136-5199	DSN Fax: 526-7071
Msg PLAD: NAVENPVNTMEDU FIVE SAN DIEGO CA	
E-mail: <a href="mailto:nepmu5@nepmu5.med.navy.mil">nepmu5@nepmu5.med.navy.mil</a>	
Web site: <a href="http://www.nepmu5.med.navy.mil/">http://www.nepmu5.med.navy.mil/</a>	

d. **NEPMU 6 PEARL HARBOR:** Direct student to report to Officer in Charge at address below. NEPMU6 customers: please be aware that it is difficult to contact shipboard personnel via phone due to the frequently busy ship's phone lines. The most efficient method to contact NEPMU6 is via email or in person. Uniform of the day is required for all military personnel. Appropriate attire is required for all civilians (long trousers for men; pants or dress for women; collared shirt; boots, shoes or dress sandals, no "flip-flops/shower shoes/slippers."

Officer in Charge	Comm Phone: (808) 473-0555
Navy Environmental & Preventive Medicine Unit 6	DSN Phone: 473-0555
1215 North Rd	Comm Fax: (808) 473-2754
Pearl Harbor, HI 96860-4477	DSN Fax: 473-0555
Msg PLAD: NAVENPVNTMEDU SIX PEARL HARBOR	
E-mail: <a href="mailto:training@nepmu6.med.navy.mil">training@nepmu6.med.navy.mil</a>	
Web site: <a href="http://www.med.navy.mil/sites/nmcscd/nepmu6/Pages/index.html">http://www.med.navy.mil/sites/nmcscd/nepmu6/Pages/index.html</a>	

## PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010

### GENERAL INFORMATION

e. **NECE JAX.** Orders should direct students to report to the Officer in Charge, Navy Entomology Center of Excellence, at the address provided in paragraph 1. During normal working hours (0730-1600), individuals report directly to the Navy Disease Vector Ecology and Control Center prior to 0730 on the day of the class. After normal working hours and on weekends, individuals will report to the Officer of the Day at the Main Gate. Reservations for enlisted berthing are available by calling DSN 942-8195 or commercial (904) 542-8195. Officer reservations at the BOQ are available by calling DSN 942-3138 or commercial (904) 542-3138.

Officer in Charge	Comm Phone: (904) 542-2424 ext 1
Navy Entomology Center of Excellence (NECE Jax)	DSN Phone: 942-2424
Box 43, Naval Air Station	Comm Fax: (904) 542-4324
Jacksonville, FL 32212-0043	DSN Fax:
Msg PLAD: NAVDISVECTECOLCONCEN JACKSONVILLE FL	
Email : <a href="mailto:NECE-TrainingDept@med.navy.mil">NECE-TrainingDept@med.navy.mil</a>	
Web site: <a href="http://www-nmcphc.med.navy.mil/NECE/index.htm">http://www-nmcphc.med.navy.mil/NECE/index.htm</a>	

## **PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010**

### **CANTRAC Courses by CIN**

<b>CIN</b>	<b>Course Title</b>	<b>Page</b>
B-300-0140	Hearing Conservation Technician Training Course	9
B-322-0017	Medical Entomology and Pest Management Technology for PMTs	1
B-322-0020	Fundamentals of HIV-STD Prevention Counseling	1
B-322-1050	Medical Entomology & Pest Management Technology (Reserve Trng)	2
B-322-1070	Core: Pest Management Technology, Basic	2
B-322-1071	Plant Pest and Vegetation Management	3
B-322-1072	Arthropod and Vertebrate Pest Management	3
B-322-1074	DoD Pest Management Recertification	4
B-322-1075	Shipboard Pest Management	5
B-322-1077	Operational Entomology Training (OET)	6
B-322-2000	Navy Health Promotion and Wellness	6
B-322-2101	Food Safety Manager's/Supervisor's Course	7
B-322-2209	Malaria Prevention and Control	8
B-322-2210	Laboratory Identification of Malaria	8
B-322-2223	Sexual Partner Counseling & Referral Services (PCRS)	9
B-322-2306	Industrial Hygiene Techniques/Exposure Monitor Training	10
B-322-2308	Spirometry in Occupational Medicine	10
B-322-2333	Analysis of Airborne Asbestos Samples	11
B-322-2334	Analysis of Bulk Asbestos Samples	11
B-322-2500	Choose Healthy Options for Wellness (CHOW)	12
B-6H-0016	Patient Centered Prevention Counseling	12
B-6H-0017	Basic Preventive Medicine and Epidemiology	13
B-6H-2000	Navy Industrial Hygiene Officer Orientation	13
B-9E-0861	Navy Environmental Health Officer Orientation Course	14

## PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010

Course Title	CIN	Page
Analysis of Airborne Asbestos Samples	B-322-2333	11
Analysis of Bulk Asbestos Samples	B-322-2334	11
Arthropod and Vertebrate Pest Management	B-322-1072	3
Basic Preventive Medicine and Epidemiology	B-6H-0017	13
Core: Pest Management Technology, Basic	B-322-1070	2
Choose Healthy Options for Wellness (CHOW)	B-322-2500	12
DoD Pest Management Recertification	B-322-1074	4
Food Safety Manager's/Supervisor's Course	B-322-2101	7
Fundamentals of HIV-STD Prevention Counseling	B-322-0020	1
Hearing Conservation Technician Training Course	B-300-0140	9
Industrial Hygiene Techniques/Exposure Monitor Training	B-322-2306	10
Laboratory Identification of Malaria	B-322-2210	8
Malaria Prevention and Control	B-322-2209	8
Medical Entomology & Pest Management Technology for PMTs	B-322-0017	1
Medical Entomology & Pest Management Technology (Reserve Trng)	B-322-1050	2
Navy Environmental Health Officer Orientation Course	B-9E-0861	14
Navy Health Promotion and Wellness	B-322-2000	6
Navy Industrial Hygiene Officer Orientation	B-6H-2000	13
Operational Entomology Training	B-322-1077	6
Patient Centered Prevention Counseling	B-6H-0016	12
Plant Pest and Vegetation Management	B-322-1071	3
Sexual Partner Counseling & Referral Services (PCRS)	B-322-2223	9
Shipboard Pest Management	B-322-1075	5
Spirometry in Occupational Medicine	B-322-2308	10

### NKO E-Learning Courses

Course Title	Catalog Code	Page
FDPMU Orientation Training Course	NMFDPMU1081	18
Health Aspects of Marine Sanitation Devices	NMETC-HAMSD-1.0	18
Hearing Conservation	NMETC-HC-001	18
Heat Stress Afloat	NMETC-HSA-001	18
Malaria Prevention and Control	NMMPC081	19
Water Sanitation Afloat	NMETC-WSA-010	19

## **PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010**

### **Non-CANTRAC Classroom Courses**

American Red Cross “HIV-AIDS Instructor”	15
Health Promotion From the Deckplate Course	15
Promoting Sexual Health Among Military Populations	15
Respiratory Protection Brief & Fit Test	16
Sexual Risk Assessment in the Primary Care Setting	16
Shipshape Facilitator Training	16
Spirometry Update Course	17

### **Non-CANTRAC Self-Study Courses**

SHARP Navy and Marine Corps HIV Policy	20
SHARP Sexual Health Primer	20
SHARP Sexual Partner Counseling and Referral	20

### **Alternate Food Manager’s Course Teaching Sites**

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### **Hearing Conservation Training Course Teaching Sites**

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**PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010**

**CANTRAC COURSES**

MEDICAL ENTOMOLOGY AND PEST MANAGEMENT TECHNOLOGY FOR PREVENTIVE MEDICINE TECHNICIANS				
CIN: B-322-0017		Security Clearance: None		Course Length: 21 Days
<b>Description:</b> Given classroom and field situations, student will be able to organize, implement and modify integrated control programs in a variety of routine and contingency environments both afloat and at shoreline facilities as vector control specialists; apply field epidemiological principles and assess vector-borne disease programs; select, operate, calibrate, and maintain vector control equipment with emphasis on the correct and environmentally safe use of pesticides.				
<b>Target Audience:</b> HM, NEC 8432				
<b>Continuing Education Credits:</b> IDC-12				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	10 Sep-07 Oct 09	No Classes	No Classes
		04 Jan-01 Feb 10		
		05 Apr-30 Apr 10		
		18 Jun- 16 Jul 10		
		17 Sep- 15 Oct 10		

FUNDAMENTALS OF HIV-STD PREVENTION COUNSELING				
CIN: B-322-0020		Security Clearance: None		Course Length: 2 Days
<b>Description:</b> This interactive course provides opportunities for the participants to examine the various factors that influence risk-taking behavior. Students improve their one-on-one disease prevention counseling skills by learning and practicing the CDC 6-step process of effective client-centered counseling during role-play scenarios. Counselors learn how to help clients identify their risks, understand their options, and develop a plan to reduce their risk of infection or reinfection.				
<b>Target Audience:</b> All Medical Department personnel tasked with counseling individuals regarding sexual behavior risk reduction.				
<b>Continuing Education Credits:</b> AMA-13.25, ANA-16, IDC-16, NEHA-14, CHES-14				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
TBD	No Classes	No Classes	No Classes	No Classes

**PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010**

**CANTRAC COURSES**

MEDICAL ENTOMOLOGY AND PEST MANAGEMENT TECHNOLOGY (RESERVE)				
CIN: B-322-1050		Security Clearance: None		Course Length: 10 Days
<b>Description:</b> Assumes no prior knowledge of the subject matter. Diseases and disorders caused by pests; nuisance and morale problems caused by pests; surveying for and recognizing pest species; protecting oneself from arthropod attack; integrating non-chemical and chemical measures to manage specific pests; pest management equipment, methods and material; pesticide effects on human health and the environment; pesticide safety; laws and regulations governing pesticides. This survey does NOT lead to certification, but satisfies all prerequisites required to attend Operational Entomology Training (B-322-1077). However, upon approval from NECE, this course allows Preventive Medicine Technicians whose certifications have elapsed to be initially certified as DoD Pesticide Applicators in Category 8 – Public Health.				
<b>Target Audience:</b> All interested military personnel on active duty for 14 days of training				
<b>Continuing Education Credits:</b> None				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	26 Jul-06 Aug 10	01 -12 Feb 10	No Classes
			07 -18 June 10	
			12 - 23 Jul 10	

CORE PEST MANAGMENT TECHNOLOGY, BASIC				
CIN: B-322-1070		Security Clearance: None		Course Length: 8 Days
<b>Description:</b> Professional-level training in 1) the general format and terminology of the pesticide label and labeling; 2) pesticide safety; 3) potential environmental consequences of the use and misuse of pesticides; 4) pest biology, habits and recognition, and the recognition of pest damage; 5) pesticide, formulations and their characteristics; 6) equipment types, maintenance and calibration; 7) application techniques; and 8) laws and regulations.				
<b>Prerequisites:</b> Military and Civilian – Completion of the correspondence course “Basic Pest Control Technology” NTTC 150, and one year on-the -job-training under a DoD-certified supervisor. All prerequisites should be conducted with the prior knowledge and approval of the candidate’s supervisory Entomologist or Applied Biologist.				
<b>Continuing Education Credits:</b> IDC-12				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	22 Feb-01 Mar 10	01-08 Mar 10	No Classes
			13-20 Sep 10	

# PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010

## CANTRAC COURSES

PLANT PEST AND VEGETATION MANAGEMENT				
CIN: B-322-1071		Security Clearance: None		Course Length: 4 Days
<b>Description:</b> Provides certification training in DoD pesticide applicator categories 2, 3, 3a, 5, 6, and 6a. Category 2 trains for forest types, forest nurseries, forest seed production, and special concerns in the forest environment; Category 3 trains for pesticide problems associated with the production and maintenance of ornamental trees, shrubs, plantings and turf; Category 3a trains for soil fumigation; Category 5 trains for special problems associated with the use of pesticides in fresh water; category 6 trains for herbicide use across a wide variety of environments, including waterways; and Category 6a trains for herbicide use on rangeland. Individuals completing this course are eligible to take the examination in any or all of the following pest control categories; Ornamental and Turf Pest Control, Aquatic Pest Control, Forest Pest Control and Right-of-Way Pest Control.				
<b>Prerequisites:</b> Course B-322-1070 completed successfully no earlier than 24 months prior to the ending date of this training. Civilian personnel submit request via cognizant Division Entomologist, Naval Facilities Engineering Command.				
<b>Continuing Education Credits:</b> IDC-12				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	01-05 Mar 10	09-12 Mar 10	No Classes
			21-24 Sep 10	

ARTHROPOD AND VERTEBRATE PEST MANAGEMENT				
CIN: B-322-1072		Security Clearance: None		Course Length: 10 Days
<b>Description:</b> Provides certification training in DoD pesticide applicator Categories 7, 7a, and 8. Category 7 trains for a wide variety of pests present in the human residence and work environment; Category 7a trains for stack and structural fumigation; and Category 8 trains for chemical and non-chemical management of pests of public health importance. Any or all of the individual category certification examinations may be challenged by the student with the prior approval of the supervisory Entomologist or Applied Biologist. Individuals completing this course are eligible to take examinations in any or all of the following pest control categories; Industrial, Institutional, Structural and Health Related Pest Control and Public Health Pest Control.				
<b>Prerequisites:</b> B-322-1070 completed successfully no earlier than 24 months prior to the ending date of this training. Civilian personnel submit request via cognizant Division Entomologist, Naval Facilities Engineering Command.				
<b>Continuing Education Credits:</b> IDC-12				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	05-12 Mar 10	15-24 Mar 10	No Classes
			27 Sep –06 Oct 10	

**PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010**

**CANTRAC COURSES**

DOD PEST MANAGMENT RECERTIFICATION				
CIN: B-322-1074		Security Clearance: None      Course Length: 3 Days		
Description: Review and update of the principles and practices of pest control and safe use of pesticides, and the chemical and non-chemical management of pests.				
Prerequisites: A current license in DoD pesticide applicator category 8, Public Health Pest Management. Civilian personnel may also submit request via cognizant Division Entomologist, Naval Facilities Engineering Command.				
Periodicity: Every 3 years.				
Continuing Education Credits: IDC-12				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	01-03 Dec 09	07-08 Apr 10	No Classes
		01-03 Jun 10	17-18 Nov 10	
		10-12 Aug 10		

**PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010**

**CANTRAC COURSES**

SHIPBOARD PEST MANAGEMENT				
CIN: B-322-1075		Security Clearance: None    Course Length: 2 Days		
Description: Course curriculum includes: Responsibilities for pest control aboard Naval vessels. Preparation for treatment, pesticide and safety, respiratory control program, biology and medical importance, survey and control of cockroaches, survey and control of miscellaneous insects, bedbugs, lice, flies, and mosquitoes.				
Prerequisites: HM, MS. Civilian personnel submit request via cognizant Division Entomologist, Naval Facilities Engineering Command.				
Periodicity: Certification is valid for 1 year from date of issue.				
Continuing Education Credits: IDC-8				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	3-4 Nov 09	20-21 Oct 09	13-14 Jan 10	2-3 Dec 09
		04-05 Nov 09	10-11 Feb 10	
		17-18 Nov 09	10-11 Mar 10	
	12-13 Jan 10	08-09 Dec 09	14-15 Apr 10	
		12-13 Jan 10	12-13 May 10	
		27-29 Jan 10	09-10 Jun 10	
	2-3 Mar 10	09-10 Feb 10	14-15 Jul 10	24-25 Feb 10
		09-10 Mar 10	11-12 Aug 10	
	4-5 May 10	24-25 Mar 10	15-16 Sep 10	19-20 May 10
		07-08 Apr 10		
	6-7 Jul 10	14-15 Apr 10	13-14 Oct 10	25-26 Aug 10
		11-12 May 10		
		16-17 Jun 10	17-18 Nov 10	
	14-15 Sep 10	23-24 Jun 10		
		13-14 Jul 10	08-09 Dec 10	
		19-20 Aug 10		
		26-27 Aug 10		
08-09 Sep 10				
14-15 Sep 10				

# PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010

## CANTRAC COURSES

OPERATIONAL ENTOMOLOGY TRAINING				
CIN: B-322-1077		Security Clearance: None		Course Length: 10 Days
<b>Description:</b> Geographic distribution of vector-borne disease threats; the philosophy of operational public health pest management; mastery of surveillance and control equipment and material; interpreting surveillance data; introduction to the diversity of biology and habits of vector species worldwide; mastery of vector control mathematics; planning and execution of arthropod and vertebrate pest management programs; accessing relevant information; team-based scenario solutions and field exercises.				
<b>Prerequisites:</b> Course B-322-0012, HM-PMT and Course B-322-1050; or state or federal certification in EPA pesticide applicator category 8, Pubic Health Pest Control; or responsibility within DoD, through training or position, for the oversight of deployed preventive medicine personnel. Civilian personnel submit request via cognizant Division Entomologist, Naval Facilities Engineering Command.				
<b>Continuing Education Credits:</b> IDC-12				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	17-28 May 10	TBA	No Classes

NAVY HEALTH PROMOTION AND WELLNESS				
<b>CIN:</b> B-322-2000		<b>Security Clearance:</b> None		<b>Course Length:</b> 3 Days
<b>Description:</b> Course content includes an overview of the Navy Health Promotion Program, an overview of program planning process, behavior change strategies, current program resources and sources of support an marketing strategies. Course completion will enable trainees to functionally coordinate a Health Promotion program for their local command.				
<b>Prerequisites:</b> None				
<b>Continuing Education Credits:</b> AMA – 18.5, ANA – 18.5, CHES – 18.5				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
19-21 Mar 10 (NMCPHC Conference)	No Classes	No Classes	No Classes	No Classes

# PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010

## CANTRAC COURSES

FOOD SAFETY MANAGER’S/SUPERVISOR’S COURSE**					
CIN: B-322-2101		Security Clearance: None		Course Length: 2 Days	
<b>Description:</b> Topics covered include basic instructor techniques; development of lesson topic guides; basic food microbiology; causes and prevention of food-borne illnesses; sanitary standards for equipment and utensils, dishwashing, food preparation and handling; personal hygiene and health standards for food service personnel; food inspection and storage; and pest control in food service areas.					
<b>Prerequisites:</b> Military food service personnel E-5 and above; civilian food service supervisors and club managers; and medical department personnel E-5 and above. Prospective students must possess average reading and writing skills. Students who satisfactorily complete the course will be certified to conduct basic and refresher food service sanitation training per SECNAVINST 4061.1 series.					
<b>Periodicity:</b> Recertification required every 5 years.					
<b>Continuing Education Credits:</b> IDC-12					
<b>References:</b> SECNAVINST 4061.1 series, NAVMED P-5010 (Chapter 1), NAVSUP 520					
TRAINING HOSTS & DATES					
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR	
	26-27 Oct 09	21-22 Oct 09	No Classes	14-15 Oct 09	
	23-24 Nov 09				
	25-26 Jan 10	09-10 Dec 09		20-21 Jan 10	
	22-23 Feb 10				
	29-30 Mar 10	10-11 Feb 10		7-8 Apr 10	
	26-27 Apr 10				
	17-18 May 10	12-13 Apr 10			
	28-29 Jun 10				
	26-27 Jul 10				
	30-31 Aug 10				
	27-28 Sep 10	21-22 Jun 10		7-8 Jul 10	
		17-18 Aug 10			

**\*\* In addition to those listed above, other commands have been authorized to teach the Food Safety Managers course. For a list of other sites available to teach this course see page 21.**

# PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010

## CANTRAC COURSES

MALARIA PREVENTION AND CONTROL ***				
CIN: B-322-2209		Security Clearance: None      Course Length: 1/2 Day		
Description: This course includes didactic instruction in pathogenesis, etiology, treatment, diagnosis, relevant recent medical intelligence and preventive aspects of malaria.				
Target Audience: Medical Department Representatives (HM, NP, PA, MD)				
Continuing Education Credits: IDC-5				
References: BUMEDINST 6230.2 series, Navy Medical Department's "Guide to Malaria Prevention and Control"				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	No Classes	No Classes	No Classes

\*\*\* The classroom version of this course will be cancelled effective 20 Nov 09. The course is now available on NKO (Course Code: NMMPC081)

LABORATORY IDENTIFICATION OF MALARIA				
CIN: B-322-2210		Security Clearance: None		Course Length: 1/2 Day
<b>Description:</b> Provide instruction in the performance of malaria laboratory testing, species identification, and the procedures for deployment to the Western Pacific and Indian Oceans. Topics include collection of blood specimens, preparation of slides for staining, staining procedures, and interpretation of blood smears.				
<b>Target Audience:</b> HM				
<b>Continuing Education Credits:</b> IDC-3.5				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR***
No Classes	18 Nov 09	19 Oct 09	No Classes	29 Oct 08
	27 Jan 10	07 Dec 09		
	31 Mar 10	08 Feb 10		18 Feb 09
	19 May 10	15 Apr 10		
	28 Jul 10	24 Jun 10		22 Apr 09
	29 Sep 10	16 Aug 10		22 Jul 09

\*\*\* This Malaria class is available as stand-alone class and is available virtually any time. Contact NEPMU 6 Training at (808) 473-0555 for Malaria classes "Upon Request".



# PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010

## CANTRAC COURSES

SEXUAL PARTNER COUNSELING AND REFERRAL SERVICES (PCRS)				
CIN: B-322-2223		Security Clearance: None		Course Length: 1 Day
Description: Course includes lectures and role playing exercises. Course content includes the four referral options and 11-step partner referral process.				
Target Audience: Physicians, nurses, IDC, PMTs, PM representatives, PM Petty Officers and family counselors are eligible to attend training. Strongly recommend completion of this course self-study version, which may be downloaded from the SHARP website or order hard copy from SHARP.				
Continuing Education Credits: NEHA-5, CHES-5; IDC-5				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
TBD	No Classes	No Classes	No Classes	No Classes

\*Quota control contact: [sharp@NEHC.mar.med.navy.mil](mailto:sharp@NEHC.mar.med.navy.mil)

HEARING CONSERVATION TECHNICIAN TRAINING COURSE				
CIN: B-300-0140		Security Clearance: None		Course Length: 5 Days
Description: This 5-day course includes in-depth coverage of the Navy Hearing Conservation Program; anatomy and physiology of the ear' ear disorders and hearing loss; hearing protection; tympanometry; audiometer techniques; record keeping; and Defense Occupational and Environmental Health Readiness System-Hearing conservation (DOEHRS-HC)				
Target Audience: Medical Department Personnel				
Continuing Education Credits: None				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	No Classes	No Classes	No Classes

**\*\*Please call the location (available on pages 22-23) for class dates and availability. Ships should look for your home port for possible class attendance. Other locations may provide training on an "as needed" basis (locally funded) - contact the Navy Marine Corp Public Health Center for information (757-953-0760, 757-953-0773, or 757-953-0772).**

**PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010**

**CANTRAC COURSES**

INDUSTRIAL HYGIENE TECHNIQUES/EXPOSURE MONITOR TRAINING				
CIN: B-322-2306		Security Clearance: None		Course Length: 11 Days
<b>Description:</b> This course offers an overview of industrial hygiene principles and instrumentation procedures for monitoring chemical and physical agents of disease.				
<b>Target Audience:</b> Personnel assigned to or in a position classified as an Industrial Hygienist, Industrial Hygiene Officer, Industrial Hygiene Technician, or Workplace Monitor. Also, personnel who are pursuing the collateral duty Safety Technician (05-71) position can apply to take the EM course to fulfill the course requirements for that position.				
<b>Prerequisites:</b> An official request on command letterhead, a completed Math Pre-Test (available at <a href="http://www-NEHC.med.navy.mil/downloads/ih/math_samples.pdf">http://www-NEHC.med.navy.mil/downloads/ih/math_samples.pdf</a> ), and a completed EMC application form ( <a href="http://www-NEHC.med.navy.mil/downloads/ih/EMC_2005_APP_%20FORM.doc">http://www-NEHC.med.navy.mil/downloads/ih/EMC_2005_APP_%20FORM.doc</a> ) must be submitted before a quota will be granted.				
<b>Continuing Education Credits:</b> IDC-12, CIH - 5 CM Points				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
TBD	No Classes	No Classes	No Classes	No Classes

SPIROMETRY IN OCCUPATIONAL MEDICINE				
CIN: B-322-2308		Security Clearance: None		Course Length: 3 Days
<b>Description:</b> This course is approved by NIOSH to meet OSHA regulations of occupational health screening spirometry. Information presented covers basic physiology of forced vital capacity maneuver, instrumentation requirements including calibration procedures, sources of error, performance of testing including subject coaching, recognition of improperly performed maneuvers, data quality with emphasis on reproducibility, actual calculations of results.				
<b>Prerequisites:</b> Medical staff with a background in hands-on health care				
<b>Continuing Education Credits:</b> ANA-20.4, IDC-12				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	No Classes	No Classes	No Classes

# PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010

## CANTRAC COURSES

ANALYSIS OF AIRBORNE ASBESTOS SAMPLES				
CIN: B-322-2333		Security Clearance: None		Course Length: 5 Days
<b>Description:</b> This course is HANDS-ON training and analysis of field samples to ensure that the student is familiar with all aspects of the analytical method as well as the equipment used. Student results will be compared with known concentrations to test knowledge and proficiency. Students will learn to set up and calibrate air sampling systems and microscopes; use phase contrast techniques; analyze sampling filters to determine airborne fiber concentrations principles of inter and intra laboratory statistics; and how to enroll in the Proficiency Analytical Testing (PAT) Program of NIOSH.				
<b>Target Audience:</b> Personnel must be assigned direct responsibility for asbestos analysis.				
<b>Continuing Education Credits:</b> IDC-12, ABIH-5 CM points				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	No Classes	No Classes	No Classes

ANALYSIS OF BULK ASBESTOS SAMPLES				
CIN: B-322-2334		Security Clearance: None		Course Length: 5 Days
<b>Description:</b> Train to determine if material contains asbestos through qualitative analysis using polarizing light microscopy and dispersion staining methods. A major portion of the course is HANDS-ON training and analysis of field samples to ensure that the student is familiar with all aspects of the qualitative method as well as the equipment used. Student results will be compared with known insulation samples to test knowledge and proficiency. Students will learn to set up polarizing light microscopes; use dispersion staining techniques; analyze bulk samples for the presence of asbestos; and how to enroll in a national quality assurance program for asbestos identification.				
<b>Target Audience:</b> Personnel who have direct responsibility for asbestos analysis of bulk material.				
<b>Continuing Education Credits:</b> IDC-12, ABIH-5 CM points				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	No Classes	No Classes	No Classes

## PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010

### CANTRAC COURSES

CHOOSE HEALTHY OPTIONS FOR WELLNESS (CHOW)				
<b>CIN:</b> B-322-2500		<b>Security Clearance:</b> None		<b>Course Length:</b> Day
<b>Description:</b> Course content includes an overview of the current data indicating the need for increasing knowledge and skills regarding food and lifestyle choices, national dietary guidelines and resources, performance nutrition environmental efforts to improve accessibility to healthier food choices, healthier food preparation and meal planning, behavior change strategies, and current programs resources and sources of support				
<b>Prerequisites:</b> None.				
<b>Continuing Education Credits:</b> CHES - 6				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
20 Mar 10 (NMCPHC Conference)	No Classes	No Classes	No Classes	No Classes

PATIENT-CENTERED PREVENTION COUNSELING				
<b>CIN:</b> B-6H-0016		<b>Security Clearance:</b> None		<b>Course Length:</b> 2 Days
<b>Description:</b> Course includes lectures and role-playing exercises covering basic skills in patient-centered prevention counseling; counseling techniques, counseling concepts, identifying health risk behaviors and circumstances, identifying healthier behaviors, and identifying proper referrals.				
<b>Prerequisites:</b> Licensed health care provides (physician, nurse, dietician, physical therapist) recommended by their command, and HM E-5 and above, NEC 8402, NEC 8425, NEC 8432				
<b>Continuing Education Credits:</b> AMA-11, ANA-13, IDC-14				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
TBD	No Classes	No Classes	No Classes	No Classes

**PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010**

**CANTRAC COURSES**

BASIC PREVENTIVE MEDICINE AND EPIDEMIOLOGY				
CIN: B-6H-0017		Security Clearance: None		Course Length: 3 Days
<b>Description:</b> This interactive course trains Navy Medical Public Health responsibilities involving diagnosis, treatment, and control of infectious diseases. Upon completion students should: recognize infectious disease that are threats to military populations; be knowledgeable about Epidemiology, diagnosis and investigation of infectious diseases; be familiar with disease treatment or know the resources from which to obtain appropriate treatment; be able to recommend control and preventive measures for infectious disease threats.				
<b>Target Audience:</b> Medical Department personnel				
<b>Continuing Education Credits:</b> IDC-12				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	22-23 Jun 10	No Classes	No Classes	23-25 Oct 09
				22-24 Jan 10
				22-23 Apr 10
				22-24 Jul 10

NAVY INDUSTRIAL HYGIENE OFFICER ORIENTATION				
CIN: B-6H-2000		Security Clearance: None		Course Length: 19 Days
Description: Course includes topics on occupational safety; occupational health, hazardous materials control; heat stress; hearing conservation; sight conservation; respiratory protection; blood-borne pathogens; asbestos control; personal protective equipment; lead control; non-ionizing radiation; ergonomics; occupational reproductive hazards; indoor air quality; medical surveillance; field operations and sampling procedures; exposure assessment; noise surveys, industrial ventilation; Navy correspondence; and CBR hazard assessment.				
Prerequisites: NOBC 0862				
Continuing Education Credits: None				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	No Classes	No Classes	No Classes

**PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010**

**CANTRAC COURSES**

NAVY ENVIRONMENTAL HEALTH OFFICER ORIENTATION				
CIN: B-9E-0861		Security Clearance: None		Course Length: 26 Days
<b>Description:</b> Course includes topics on field sanitation, food safety, pest control, occupational health, water supply ashore and afloat, swimming pools and bathing places, wastewater treatment and disposal afloat and ashore, sanitation of living and working facilities, communicable disease prevention and control, health promotion, career development, and the medical management of CBRE casualties.				
<b>Target Audience:</b> All Navy Environmental Health Officers that have a Masters degree in Public Health from an accredited school.				
<b>Continuing Education Credits:</b> None				
TRAINING HOSTS & DATES				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
No Classes	No Classes	No Classes	No Classes	No Classes

## PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010

### NON-CANTRAC CLASSROOM COURSES

AMERICAN RED CROSS "HIV-AIDS INSTRUCTOR"	
<b>Security Clearance:</b> None	<b>Course Length:</b> 3 Days
<b>Description:</b> This comprehensive AIDS education program includes teacher/leader guides, student workbooks, parent brochures, and a variety of teaching videos. Facilitator candidates will be prepared to provide age appropriate information to help reduce the risk of HIV transmission.	
<b>Target Audience:</b> Preventive Medicine, Health Promotion, Semper Fit, All Hands	
<b>Continuing Education Credits:</b> None	

HEALTH PROMOTION FROM THE DECKPLATE COURSE	
<b>Security Clearance:</b> None	<b>Course Length:</b> 3 Days
<b>Description:</b> Naval Medical Center, San Diego, offers twice a year a three-day training course titled Health Promotion From the Deckplate (HPDP). HPDP course represents a comprehensive overview of important Health promotion issues facing today's armed services and equips those attending to deliver effective health promotion training at their respective worksites. Sample subjects include stress management, suicide awareness, sexual responsibility, alcohol awareness, cholesterol management, sports injury prevention, nutrition for peak performance, tobacco cessation, fitness, weight management and hypertension management. For those who attend the two-day Deckplate training, a Tobacco Cessation Facilitators' course will be offered on day three. Due to limited space requirements tobacco cessation training will be available for Deckplate participants only. Attendees will receive an instructor training manual including a CD-Rom of all educational materials.	
<b>Target Audience:</b> Targeted personnel who are encouraged to attend include but is not limited to Command Training Officers, Command Fitness Leaders, Health Promotion and Wellness Coordinators, Independent Duty Corpsman, Medical Department Representatives (E-4 above) and DoD Civilians.	
<b>Continuing Education Credits:</b> None.	
<b>Point of Contact:</b> NMCS D, HP Department (619) 532-5455	

PROMOTING SEXUAL HEALTH AMONG MILITARY POPULATIONS	
<b>Security Clearance:</b> None	<b>Course Length:</b> 4 Hours
<b>Description:</b> The course prepares participants to plan and execute effective community strategies to reduce sexual risk behavior within military communities. Topics include: the impact of STIs and unplanned pregnancies on military populations, key components of a sexual health promotion campaign, sources of sexual health education materials and training, teaching groups and individuals about correct and consistent condom use.	
<b>Target Audience:</b> Military leaders, health promoters, nurses, clinicians, IDCs, preventive medicine and public health professionals.	
<b>Continuing Education Credits:</b> CHES-4	

# PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010

## NON-CANTRAC CLASSROOM COURSES

RESPIRATORY PROTECTION BRIEF & FIT TEST	
<b>Security Clearance:</b> None	<b>Course Length:</b> 1 Hour
<b>Description:</b> This course covers the importance of a comprehensive respiratory protection program in certain work areas. Elements of the program such as respirator selection, medical evaluation, training, fit testing, and respirator cleaning will be discussed in detail. This course will help command Respiratory Protection Program Managers refresh their skills as well as assisting new and current respirator users become familiar with or reacquaint themselves with their respiratory protection equipment. This lesson is presented upon request.	
<b>Target Audience:</b> All Hands. Presented Upon Request.	
<b>Continuing Education Credits:</b> None	
<b>E-mail:</b> For more info or to request this brief, contact <a href="mailto:Fleet/FMF@nepmu6.med.navy.mil">Fleet/FMF@nepmu6.med.navy.mil</a>	

SEXUAL RISK ASSESSMENT IN THE PRIMARY CARE SETTING	
<b>Security Clearance:</b> None	<b>Course Length:</b> 1.5 hours
<b>Description:</b> 90 minutes lecture introduces and demonstrates the CDC Project Respect model for prevention counseling, a research-based model which has been shown to increase safer behavior and reduce STD reinfection rates. It introduces data about HIV, STD, and unplanned pregnancy incidence, and introduces data which indicate that providers often miss opportunities to discuss sexual health with their clients. Role-plays are used to demonstrate “typical” and “model” brief interventions with a patient.	
<b>Target Audience:</b> Physicians, nurse practitioners, physician assistants, clinical nurses, IDC	
<b>Continuing Education Credits:</b> ANA-1.8, IDC-2, CHES-1.5	

SHIPSHAPE FACILITATOR TRAINING				
Security Clearance: None		Course Length: 1 DAY		
Description: To give students the knowledge and skills to make healthier food and lifestyle choices for themselves and to promote environmental changes at their community level, allowing individual community members to also make healthier choices for themselves.				
Target Audience: All Hands				
Continuing Education Credits: ANA-6.1, CHES-6.1				
NMCPHC PORTSMOUTH	NEPMU 2 NORFOLK	NEPMU 5 SAN DIEGO	NECE JACKSONVILLE	NEPMU 6 PEARL HARBOR
TBD				



**PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010**

**NON-CANTRAC CLASSROOM COURSES**

<b>SPIROMETRY UPDATE COURSE</b>	
<b>Security Clearance:</b> None	<b>Course Length:</b> 1 Day
<b>Description:</b> This course is a overview and update to spirometry screening.	
<b>Target Audience:</b> Physicians, nurses and health technicians using screening spirometry	
<b>Continuing Education Credits:</b> ANA-8.1 All medical staff using screening spirometry evaluations should complete this update at least every 3 years.	
<b>Point of Contact:</b> Occupational and Environmental Medicine, (757) 953-0728, DSN 377-0728	

# PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010

## NKO E-LEARNING COURSES

FDPMU ORIENTATION TRAINING COURSE	
<b>Security Clearance:</b> None	<b>Course Length:</b> 2 Hours Online
<b>Description:</b> Provides timely and succinct training essential to optimize team readiness and mission execution through reviewing previously learned concepts and to introduce the FDPMU concept to non-team members. Course content includes tier readiness training requirements, mission, authority and policies of the FDPMU, leadership principles and organizational structure specific to service, including chain of command.	
<b>**Available online at NKO (catalog code: FDPMU1081)</b>	

HEALTH ASPECTS OF MARINE SANITATION DEVICES**	
<b>Security Clearance:</b> None	<b>Course Length:</b> 2 Hours Online
<b>Description:</b> Provide shipboard medical and engineering dept personnel with a basic knowledge of the health threats and hazards associated with marine sanitation devices installed aboard ship. Topics include the design, operation, health hazards, and surveillance of MSDs, clean-up and disinfection of sewage spills, personal protective equipment, & safety precautions. <b>Replaces CANTRAC course # B-322-2130.</b>	
<b>References:</b> NAVMED P-5010 (Chapter 7)	
<b>Continuing Education Credits:</b> IDC-2	
<b>**Available online at NKO (catalog code: NMETC-HAMSD-1.0)</b>	

HEARING CONSERVATION**	
<b>Security Clearance:</b> None	<b>Course Length:</b> 2 Hours Online
<b>Description:</b> Provide the knowledge necessary for personnel to set up and conduct a hearing conservation program aboard ship per OPNAVINST 5100.23 series. Topics include the fundamentals of sound, noise measurements, noise hazards aboard ships, medical aspects of hearing loss, hearing protection, and audiometric testing. <b>Replaces CANTRAC course # B-322-2310.</b>	
<b>Continuing Education Credits:</b> IDC-2	
<b>**Available online at NKO (catalog code: NMETC-HC-001)</b>	

HEAT STRESS AFLOAT**	
<b>Security Clearance:</b> None	<b>Course Length:</b> 2 Hours Online
<b>Description:</b> Provide training to medial department personnel, heat stress monitors and supervisory personnel to conduct the Navy's heat stress program. Topics include medical aspects prevention and survey techniques of heat stress, definition & use of the WBGT index, calibration and operation of the WBGT meter, report requirements, and deficiency abatement procedures. <b>Replaces CANTRAC course # B322-2320.</b>	
<b>Target Audience:</b> DC, EN, HM, HT, IC, MM, MS, SH, SK & Medical and Safety Officers	
<b>Continuing Education Credits:</b> IDC-2	
<b>References:</b> OPNAVINST 5100.23 series, OPNAVINST 5100.19 series, OPNAVINST 5100.20 series	
<b>**Available online at NKO (catalog code: NMETC-HSA-001)</b>	

**PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010**

**NKO E-LEARNING COURSES**

<b>MALARIA PREVENTION AND CONTROL</b>	
<b>Security Clearance:</b> None	<b>Course Length:</b> 2 Hours Online
<b>Description:</b> This course includes didactic instruction in pathogenesis, etiology, treatment, diagnosis, relevant recent medical intelligence and preventive aspects of malaria.	
<b>Replaces CANTRAC course # B-322-2209.</b>	
<b>Target Audience:</b> Medical Department Representatives (HM, NP, PA, MD)	
<b>Continuing Education Credits:</b> IDC-5	
<b>References:</b> BUMEDINST 6230.2 series, Navy Medical Department's "Guide to Malaria Prevention and Control"	
<b>**Available online at NKO (catalog code: NMMPCO81)</b>	

<b>WATER SANITATION AFLOAT**</b>	
<b>Security Clearance:</b> None	<b>Course Length:</b> 2 Hours Online
<b>Description:</b> Provides knowledge and skills necessary to set up and conduct a shipboard potable water surveillance program. Topics include: fundamentals of shipboard potable water sanitation including bromination and chlorination; care and disinfection of potable water hoses and risers; and surveillance of the potable water system for cross connections halogen residuals, and bacteriological quality.	
<b>Replaces CANTRAC course # B-322-2101.</b>	
<b>Continuing Education Credits:</b> IDC-2	
<b>**Available online at NKO (catalog code: NMETC-WSA-010)</b>	

## PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010

### NON-CANTRAC SELF-STUDY COURSES

<b>SHARP NAVY AND MARINE CORPS HIV POLICY (Self-study) (Previously the NAVY HIV INSTRUCTOR)</b>	
<b>Security Clearance:</b> None	<b>Course Length:</b> N/A
<b>Description:</b> This course includes information about the HIV epidemic in the world, the U.S. and the DoN, and closely reflects policy as given in SECNAVIST 5300.30C. A certificate of training will be issued to each person who completes the 38-question exam.	
<b>Target Audience:</b> Preventive Medicine, Health Promotion, Semper Fit, All medical	
<b>Continuing Education Credits:</b> None	
If you would prefer files be sent via e-mail or U.S. mail, contact the SHARP team at <a href="mailto:sharp@NEHC.mar.med.navy.mil">sharp@NEHC.mar.med.navy.mil</a>	

<b>SHARP SEXUAL HEALTH PRIMER (Self-study)</b>	
<b>Security Clearance:</b> None	<b>Course Length:</b> N/A
<b>Description:</b> Course covers the impact of STDs and unplanned pregnancy and sexual behavior risk assessment and risk reduction counseling guidance for health care providers. A certificate of training will be issued to each person who completes the 40-question exam.	
<b>Target Audience:</b> Preventive Medicine, Health Promotion, Semper Fit, All medical	
<b>Continuing Education Credits:</b> None	
If you would prefer files be sent via e-mail or U.S. mail, contact the SHARP team at <a href="mailto:sharp@NEHC.mar.med.navy.mil">sharp@NEHC.mar.med.navy.mil</a>	

<b>SHARP SEXUAL PARTNER COUNSELING AND REFERRAL (Self-Study)</b>	
<b>Security Clearance:</b> None	<b>Course Length:</b> 1.5 hours
<b>Description:</b> This self-study course is structured around the curriculum of a 3-day resident course developed by the CDC for HIV partner referrals. This course introduces the student to the CDC's 11-step HIV-referral model for bringing to treatment the sexual partners of patients and adds information about the referral of partners infected with other sexually transmitted infections. It also covers important counseling concepts and the four partner referral options.	
<b>Target Audience:</b> Preventive Medicine, Health Promotion, Semper Fit, All medical	
<b>Continuing Education Credits:</b> None	

**PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010****Alternate Food Manager's Course Teaching Sites**

<b>Site</b>	<b>Address</b>	<b>Phone number</b>
Naval Hospital Jacksonville	2080 Child St. Jacksonville FL 32214-5000	904-542-3500 ext 8718
Naval Hospital Guantanamo Bay	FPO AE 09589	DSN 660-2998 opt 1
Naval Branch Health Clinic Kings Bay	881 USS James Madison Rd. Kings Bay, GA 31547	DSN 912-573-4253
Naval Health Clinic Annapolis	250 Wood Rd. Annapolis, MD 21402	410-293-1143
Naval Hospital Bremerton	2850 Thresher Ave., Silverdale, WA 98315	360-315-4455
USS Carl Vinson	USS Carl Vinson, CNV 70	757-534-0703
Naval Health Clinic Dahlgren	17457 Caffee Rd., Ste 204, Dahlgren, VA 22448	540-653-8137 DSN 249-8137
Naval Branch Clinic Groton	One Wahoo Dr., Groton, CT 06349	860-694-3659/5308/2495
Naval Branch Health Clinic Ingleside	326 Coral Sea, Ingleside, TX 78362	361-776-1369
Naval Branch Health Clinic Iwakuni	561 Box 1887, FPO AP96310-0019	315-253-3298/3419
Naval Branch Health Clinic Key West	1300 Douglas Circle, Key West, FL 33040	DSN 483-4600 ext 1353/1325
Naval Hospital Camp LeJeune	100 Brewster Blvd., Camp LeJeune, NC 28547	910-451-7668
Naval Branch Health Clinic Mayport	2104 Massey Ave., Mayport, FL 32228	904-270-4304
Naval Hospital Naples	827 Box 254, FPO AE 09617	314-629-6299 011-39-081-811-6299
Naval Undersea Medical Institute	Box 159, Navsubase New London, 159 Trout Ave Groton, CT 06349-5159	860-694-2876 ext119
Naval Hospital Okinawa	482 box 2906 FPO AP 96362	011-81-611-743-7622
Naval Hospital Camp Pendleton	Camp Pendleton, CA 92055-5191	760-725-9659
NACC Port Hueneme	Box 555191 Camp Pendleton, CA 92055-5191	805-982-6312/6358
USS Roosevelt	USS Theodore Roosevelt (CVN-71) FPO AE 09599-2871	443-7466 445-6230
Naval Hospital Sigonella	836 Box 532 FPO AE 09636	011-39-095-86-6231 DSN 314-624-6249

**PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010**

**Hearing Conservation Training Course Teaching Sites**

<b>Site</b>	<b>Region</b>	<b>Phone number</b>
NSY Puget Sound, Everett, Seattle	11	360-476-9393
Bremerton, Sub Base Bangor, Oak Harbor	11	360-476-9393
Brunswick Maine, Portsmouth NH	1A	207-438-2081
Newport RI	1B	401-841-6721
Groton CT, Ballston Spa NY	1C	860-694-3912
Washington NSY DC, Annapolis MD, Carderock MD, Indian Head MD, Andrews AFB MD, Bethesda MD Patuxent River MD, Sugar Grove WV, Dahlgren VA, Quantico VA	1D	301-319-4959
Philadelphia PA, Willow Grove PA, Mechanicsburg PA, Colts Neck NJ	1E	301-319-4959
Newport News VA, Virginia Beach VA, Norfolk VA, Yorktown VA, Portsmouth VA, GTMO, Chesapeake VA	2A	757-953-8906
Camp Lejeune NC, Jacksonville NC, Cherry Point NC	2B	910-451-1053 X255
NMCPHC	2E	757-953-0760 757-953-0773 757-953-0772
Parris Island SC, Charleston SC, Beaufort SC	3A	843-228-2528
Jacksonville FL, Mayport FL, Key West FL, Albany GA, Kings Bay GA, Altanta GA, Andros Island Bahamas	3B	904-542-3500 X8725

**PREVENTIVE MEDICINE & OCCUPATIONAL HEALTH TRAINING COURSE FY 2010**

**Hearing Conservation Training Course Teaching Sites**

<b>Site</b>	<b>Region</b>	<b>Phone number</b>
Pensacola FL, Panama City FL, Milton FL, Millington TN, Crane IN, New Orleans LA, Stennis Space Center MS, Gulfport MS, Meridian MS	4A	850-452-8970 X116 850-452-5242 X129
Kingsville TX, Corpus Christi TX, Ingleside TX, Fort Worth TX	4B	850-452-8970 X116
Great Lakes, IL	5	847-688-5568
Pearl Harbor HI, Kaneohe Bay HI, Barking Sands HI	98A	808-474-0625 X445
Mainland Japan, Chinae South Korea, Diego Garcia	98B	DSN: 315-243-2606
Okinawa Japan	98C	DSN:315-643-7554
Guam	98D	
Spain	99A	
Naples Italy	99B	
Sigonella Italy, Bahrain, Greece	99C	
San Diego CA, San Clemente CA, Lemoore CA, El Centro CA, Fallon NV,	9A	619-524-4903 619-524-6518
Camp Pendleton CA, Barstow CA, Port Hueneme CA, Seal Beach CA, Point Mugu, Yuma AZ	9B	760-725-1288
China Lake CA, Twenty Nine Palms CA	9C	760-830-2282